

Traditional Aikido of Colorado Springs Aikido Seminar - Patricia Hendricks Shihan - June 5-7 2026 Seminar Notes

Seminar Schedule

June 5th: Friday Evening (Traditional Aikido of Colorado Springs Dojo)

Check-In: 6:00P - 6:30P
Special Keiko: 6:30P - 7:30P
Informal Gathering: 7:30P+ (not included in seminar fees)

June 6th: Saturday (New Summit Charter Academy)

Doors Open 9:00A
Check-In: 9:30A - 10:00A
Morning Keiko: 10:00A - 12:15P
Lunch: 12:15P - 1:30P
Afternoon Keiko: 1:45P - 4:00P
Dinner at a Local Restaurant: 6:00P+ (not included in seminar fees)

June 7th: Sunday (New Summit Charter Academy)

Doors Open 9:00A
Check-In: 9:30A - 10:00A
Morning Keiko: 10:00A - 12:15P
Lunch: 12:15P - 1:30P
Afternoon Keiko: 1:45P - 4:00P
Informal Gathering: 6:00P+ (not included in seminar fees)

Friday Evening Special Keiko Location

Traditional Aikido of Colorado Springs
1863 N. Circle Drive
Colorado Springs, CO 80909

Saturday/Sunday Seminar Location

New Summit Charter Academy
7899 Lexington Drive
Colorado Springs, CO 80920

Please bring weapons (bokken, jo and tanto)!

The schedule is subject to modification. Please visit <https://cos-aikido.com/hendricks-shihan-cos-seminar-2026/>, or scan the QR code below for the most up to date info on the venue location and the schedule.

Payment and Administrative Notes

Seminar fees can be pre-paid via Square (credit/debit card), Zelle, or personal check. Payment "at the door" is also available using credit/debit card, or personal check. We cannot accept cash at the door.



Traditional Aikido of Colorado Springs

Aikido Seminar - Patricia Hendricks Shihan - Oct 5-7 2026

Some Local Hotels

The Traditional Aikido of Colorado Springs Dojo is located at 1863 N. Circle Drive Colorado Springs, CO. Colorado Springs is not a large town. The seminar venue is likely to be within approximately a 5 mile radius of the dojo. Some of the hotels in the Colorado Springs area that we've had some experience with are listed below. We don't specifically recommend any of these hotels, as it's been a while since we've stayed in a local hotel. Colorado Springs is a tourism destination so most of the hotels are priced competitively. Travelocity is a good resource to search outside of this list. This list is, by no means, inclusive...

Kinship Landing
415 N. Nevada Ave
Colorado Springs, CO 80903

This is a boutique hotel with unique rooms. The restaurant is very good. This is located downtown.

Hyatt House - Colorado Springs Airport
2875 Zeppelin Road
Colorado Springs, CO 80916

This hotel is located close to the COS airport. The drive to the dojo/venue is about 15-20 minutes. This is a fairly new hotel.

Holiday Inn - Colorado Springs Airport
1855 Aeroplaza Drive
Colorado Springs, CO 80916

This is an IHG property located close to the airport. This is a good, inexpensive option.

MCM Elegante Suites
6450 N. Academy Blvd
Colorado Springs, CO 80918

This is a reasonably priced locally-owned hotel located pretty close to the venue and the dojo. We've never stayed here, but we've heard good things about the Hotel Elegante properties.

Villa Motel at Manitou Springs
481 Manitou Avenue
Manitou Springs, CO 80829

Manitou Springs is about a 20-30 minute drive from the dojo/venue, but if you're staying a few days, Manitou is a nice place to hang out. There's a lot of good siteseeing and some really nice small restaurants in the Manitou area. If you like hiking, this might be a good choice.

Colorado Springs Weather

The weather in Colorado Springs is some of the best weather in the United States. Because we're located at the base of the Front Range, our local weather tends to be dominated by atmospheric turbulence. There is a local saying "if you don't like the weather... wait 15 minutes..." Colorado Springs sits at an altitude of about 6,500-7,000 feet and the region is considered a high-altitude desert environment. The temperature in early June ranges from 49°F-56°F at night to 74°F-84°F during the day. We will be spending time outdoors for weapons practice if the weather allows. The sun can be quite intense in the Springs in June. Sunscreen is strongly recommended outdoors regardless of the season. If you aren't used to training at high altitude, please pay careful attention to your health. Local pharmacy and grocery stores sell inexpensive supplemental oxygen bottles if you're experiencing altitude sickness symptoms. It's also very important to pay careful attention to hydration. You can become critically dehydrated more quickly than you might be used to. Hydrate often!

**Traditional Aikido of Colorado Springs
Aikido Seminar - Patricia Hendricks Shihan - June 5-7 2026
Registration Form**

Name: _____

Address: _____

City/State/Zip: _____

Phone #: _____ Email: _____

Home Dojo: _____ Rank: _____

Emergency Contact: _____

Emergency Contact Phone #: _____

Aikido is a martial art and the undersigned acknowledges that there are certain inherent risks, including the possibility of bodily injury, that are understood and accepted when training in any martial art. By signing this waiver, the undersigned participant agrees to assume full responsibility for both their training and the possibility of injury during training at this seminar. The undersigned acknowledges an understanding of the risks and that there is a possibility of injury during training. By signing this waiver, the participant also agrees to release Traditional Aikido of Colorado Springs, Patricia Hendricks, New Summit Charter Academy, employees associated with New Summit Charter Academy, instructors, fellow students, and any associated seminar staff from any liability associated with any and all injuries sustained while training at this seminar. Seminar participants are encouraged to be cognizant of their own capabilities, and to make personally relevant decisions about their own training safety. This includes decisions about participation in any training, or exercise, that may be too advanced for an individual to participate in. Participants also agree to act in a respectful and courteous manner at all times while participating in the seminar. Traditional Aikido of Colorado Springs reserves the right to ask any participant, or guest, that is behaving in a discourteous or unsafe manner to leave the premises.

I, _____, have read this waiver in full and understand the risks inherent in Aikido training. I agree to obey all rules and regulations of Traditional Aikido of Colorado Springs, and by signature below, I agree to all terms and conditions described in the waiver above.

Signature and Date: _____

If the applicant is under 18 years old, a Parent or Guardian must sign below

I, _____ (Parent or Guardian) have read this waiver in full and understand the risks inherent in Aikido training. By signing below I agree to all terms and conditions described in the waiver above.

Signature and Date: _____